



GOVT. DEGREE COLLEGE

(AFFILIATED TO KRISHNA UNIVERSITY)
AVANIGADDA, NAAC - "B++"Grade (2.96 CGPA)
ISO 21001:2018, ISO 14001:2015, ISO 50001:2018



CELEBRATIONS OF 11th INTERNATIONAL YOGA DAY

In accordance with the guidelines issued by the Commissionerate of Collegiate Education, I am pleased to submit the report on the successful organization of YOGANDHRA 2025, a month-long Yoga campaign held from 21st May 2025 to 21st June 2025 at Government Degree College, Avanigadda. The campaign aimed to promote health, discipline, and a balanced lifestyle among students and staff through Yoga and wellness initiatives.



Key Activities Undertaken:

1. Conduct of Daily Yoga Classes:

Daily Yoga sessions were conducted from 6:30 AM to 7:30 AM for all students, NCC cadets, and staff members under the guidance of trained Yoga instructors. Sessions focused on physical postures (asanas), breathing techniques (pranayama), and meditation for overall well-being.



2WH7+VJ3, Avanigadda, Andhra Pradesh 521121, India,
Lat: 16.029263, Long: 80.914349
21 Jun, 25, 06:55 am, Saturday

37.89° NE



2WH7+VJ3, Avanigadda, Andhra Pradesh 521121, India,
Lat: 16.029258, Long: 80.914358
21 Jun, 25, 06:56 am, Saturday

37.89° NE



2WH7+VJ3, Avanigadda, Andhra Pradesh 521121, India,
Lat: 16.029104, Long: 80.914466
21 Jun, 25, 07:06 am, Saturday

37.85° NE



2WH7+VJ3, Avanigadda, Andhra Pradesh 521121, India,
Lat: 16.029157, Long: 80.914408
21 Jun, 25, 07:07 am, Saturday

37.85° NE



2WH7+VJ3, Avanigadda, Andhra Pradesh 521121, India,
Lat: 16.029129, Long: 80.914396
21 Jun, 25, 07:07 am, Saturday

37.85° NE

2. Use of College Premises and Assets:

The college premises, including the main ground, seminar hall, and indoor stage area, were utilized effectively for various Yoga-related activities. Sound systems, projectors, mats, and other college resources were made available to facilitate smooth conduct of the campaign.

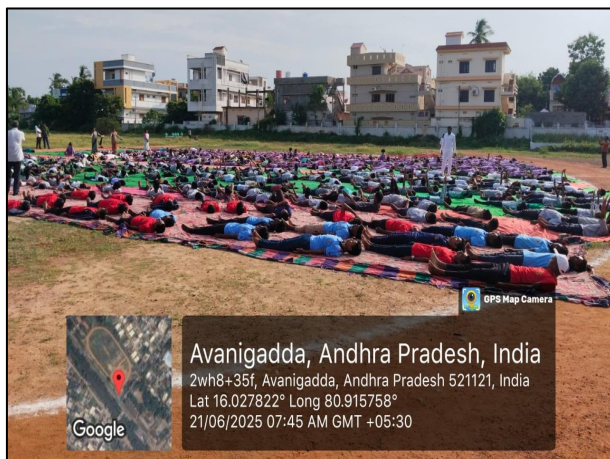


3. Student Registration and Certification via Yogandhra Portal:

A total of 247 students successfully registered on the official Yogandhra 2025 Portal. Faculty ensured active participation of students in daily Yoga sessions and the Common Yoga Protocol (CYP). Student participation was digitally monitored for issuing e-certificates upon successful completion of the campaign.

4. Registration and Grand Celebration of International Day of Yoga (IDY-2025):

The International Day of Yoga on 21st June 2025 was celebrated in a grand and inspiring manner. More than 300 participants, including students, staff, and local citizens, actively took part in the Mass Yoga Demonstration on the college grounds. Registration for the IDY event was completed on the Yogandhra portal as per protocol.





5. Conclusion:

The YOGANDHRA 2025 campaign has effectively instilled awareness about the importance of Yoga and healthy living among students and the community. The college expresses heartfelt gratitude to the Commissionerate for initiating this noble movement and extends its commitment to continue such programs in the future.



Group photo with Sri. Mandali. Budha Prasad garu, M.L.A. Avanigadda Constituency.

